

SHARONFEANNY

Corporate Wellness

PACKAGES FOR CONSCIOUS COMPANIES

Leading wellness expert Sharon Feanny is on a mission to teach business leaders and their employees wellness practices that are proven to decrease stress, skyrocket work performance and build business profitability.

BENEFITS OF SHARON'S TRAINING

- Boosting team motivation & productivity
- Achieving and surpassing company goals
- Renewing team energy and excitement about work
- Reducing stress and burnout
- Reducing absenteeism and sick leave
- Increasing team morale & employee retention

WHAT YOUR COMPANY WILL RECEIVE

Based on your company's needs, a wellness package with Sharon may include:

- Customized Wellness Talk
- Yoga
- Meditation
- Recipe Demos
- Healthy Meals
- Vision Boarding & Goal Setting
- Movement & Exercise
- Massages
- Other Wellness Treatments

CORPORATE WELLNESS PACKAGES

1-Hour Experience: Wellness Presentation + Mini-Yoga Session	Cost: \$75,000
3-Hour Experience: 1-Hr Presentation + 1-Hr Yoga & Meditation Exercise + Wellness Q&A	Cost: \$200,000
Full-Day Wellness Experience: Customizable Experience	Cost: TBD based on services requested

PAST CORPORATE CLIENTS



ALSO FEATURED IN



Sharon Feanny is a pioneering wellness advocate in Jamaica, having spent over three decades spearheading various businesses and projects that promote mind-body health. A global entrepreneur, she is also a master yoga instructor, aromatherapist, healthy eating coach and author of the Live Fit Kitchen™ cookbook.



BOOKING DETAILS:
876-383-0508

SHARON@SHARONFEANNY.COM
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